



ATMA RAM SANATAN DHARMA COLLEGE (UNIVERSITY OF DELHI)

SPARDHA: The Competitive Exam Society

On 23rd and 24th February 2026, SPARDHA – The Competitive Exam Society of ARSD College successfully organized its flagship event, Colloquium'26, comprising two interactive seminars focused on UPSC preparation (Day 1) and CAT preparation (Day 2). The first day, held on 23rd February 2026, featured an insightful session on the Civil Services Examination by Mr. R.K. Gupta (Retd. Deputy Election Commissioner; Vice Chairman, Cooperative Election Authority), under the theme “Decoding Civil Services Examination: An Intellectual Odyssey.” The program commenced with the ceremonial lighting of the lamp, followed by the presentation of a memento and a formal welcome address by the Principal, Prof. Gyantosh Kumar Jha. The session emphasized the intellectual demands of the UPSC examination, where Mr. Gupta highlighted the importance of critical analysis, conceptual clarity, and the integration of static syllabus with current affairs. During the interactive session, he addressed students’ queries, explained the distinction between Preliminary and Mains examinations, and stressed the importance of passion (“pagalpan”) for aspirants. This was followed by a special address by Mr. Sagar Singh (IPS Officer), and the session concluded with a vote of thanks by Mr. Abhash Kumar, Convener of SPARDHA.

The second day, 24th February 2026, focused on CAT preparation under the theme “CAT Unfiltered: What it REALLY Takes to Reach the IIMs,” with Mr. Arun Sharma as the Guest speaker. The session began with a brief welcome and introduction, after which the speaker engaged the audience through a practical and relatable approach. He emphasized the importance of strong fundamentals, particularly in quantitative aptitude, and highlighted the significance of consistency in preparation. He discussed common mistakes made by aspirants, including poor time management, over-reliance on shortcuts, and inadequate analysis of mock tests, while encouraging students to treat mocks as learning tools. He also shared effective strategies for preparation planning, time management during the examination, and maintaining composure under pressure, along with insights into the evolving nature of the CAT examination. The interactive segment witnessed enthusiastic participation, with students engaging in discussions on preparation strategies and stress management. The session concluded with a vote of thanks and was well-received by all attendees, with both days of the program being conducted smoothly and successfully.